

Upper Keys Summer Invitational, LCM
Fighting Manatee Swim Club
July 16-17, 2011

- Sanctioned by: Florida Gold Coast Masters for USMS, Inc. Sanction #: 501-008
- Sponsored By:** Friends of the Pool, Inc
- Date & Time:** Saturday, July 16 Sunday, July 17
Warm Up: 9:00 am Warm Up: 8:00 am
Start: 10:00 am Start: 9:00 am
- Location:** Founders Park Pool
87000 Overseas Hwy, Islamorada, FL, 33036, MM 87 Bayside
- Facility:** Competition in 8-lane 50 meter pool. A warm up/warm down area will be available. Colorado Timing system plus hand-held watches will be used for timing.
- Eligibility:** Open to all USMS registered swimmers 18 years and older, your age as of December 31, 2011.
- Rules:** 2011 USMS rules govern. *A copy of your 2011 USMS Card MUST be attached to the entry form.*
- Entries:** Each swimmer may enter up to 5 individual events per day plus relays (relays will be deck entered). **Entries Due Monday, July 11 (received, not postmarked).** Mail entries to: Katy LeVasseur, Upper Keys Summer Invitational, 300 North Dr., Islamorada, FL 33036.
- Entry Fees:** \$10 meet surcharge plus \$3 per event, \$5 for relays
Deck Entries: \$10 surcharge plus \$6 per event. **Make check out to: Friends of the Pool, Inc.**
- Seeding:** Entries will be seeded by time, there may be men and women seeded together for the longer events.
- Awards:** First through third place awards will be given by age group and gender for individual events and relays. We will continue to tally points for those in the running for our meet series high point award.
- Meet Social:** TBA
- Hotel Info:** See page 3
- For Info:** Meet Director, Katy LeVasseur
Phone: 305.849.2278
Email: katyclodius@hotmail.com

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Name: _____
 Date of Birth: _____ Age (on 12/31/11): _____
 2011 USMS #: _____ Gender: M F
 Club Name: _____
 Address: _____ City/State: _____ Zip: _____
 Email: _____ Phone: _____

Saturday, July 16 Warm Up Starts at 9:00 am, Meet Starts at 10:00 am

Women	Entry Time	Event	Entry Time	Men
1	_____	200 IM	_____	2
3	_____	200 Free	_____	4
5	_____	50 Fly	_____	6
7	_____	100 Back	_____	8
9	_____	400 Free Relay	_____	10
11	_____	200 Mixed Medley Relay	_____	11
13	_____	200 Fly	_____	14
15	_____	50 Free	_____	16
17	_____	100 Breast	_____	18
19	_____	200 Mixed Free Relay	_____	19
21	_____	400 Medley Relay	_____	22
23	_____	1500 Free	_____	24

**Attach Copy of Current
USMS Here:**

**Meet Charge: \$10
_____ events x \$3**

Sunday, July 17 Warm Up Starts at 8:00 am, Meet Starts at 9:00 am

Women	Entry Time	Event	Entry Time	Men
25	_____	200 Breast	_____	26
27	_____	50 Back	_____	28
29	_____	100 Fly	_____	30
31	_____	400 Free	_____	32
33	_____	200 Medley Relay	_____	34
35	_____	200 Free Relay	_____	36
37	_____	400 IM	_____	38
39	_____	100 Free	_____	40
41	_____	50 Breast	_____	42
43	_____	200 Back	_____	44
45	_____	400 Mixed Free Relay	_____	45
46	_____	400 Mixed Medley Relay	_____	46

Total Amount: _____

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Signature: _____ Date: _____

Hotel Information

Here are some suggestions for places to stay. The pool is located at MM 87 (to give you an idea of the distance between the hotels and the pool).

Ragged Edge Resort and Marina

www.ragged-edge.com

MM 86.5 Oceanside

243 Treasure Harbor Road

Islamorada, FL 33036

305.852.5389

800.436.2023

\$99 - \$259

Lookout Lodge Resort

www.lookoutlodge.com

MM 87.7 Bayside

87770 Overseas Hwy

Islamorada, FL 33036

305.852.9915

800.870.1772

\$159-\$399

Harbor Lights

<http://floridakeys-motel.com>

MM 84.9 Oceanside

84951 Overseas Highway

Islamorada, FL 33036

305.664.3611

866.861.7307

\$59 - \$149

Drop Anchor Resort

www.dropanchorresort.com

MM 84.9 Oceanside

84959 Old Highway

Islamorada, FL 33036

305.664.4863/888.664.4863

Starting at \$125

The Islander Resort

www.islanderfloridakeys.com

MM 82.1 Oceanside

Islamorada, FL 33036

305.664.2031 x710

800.753.6002 x710

\$205 - \$325

Pines and Palms Resort

www.pinesandpalms.com

MM 80.4 Oceanside

800.624.0964 or 305.664.4343

\$89 and Up